

Watsonville Free Guide

peoplefirstsc.org

SHELTER

Pajaro Valley Shelter Services Shelter services for women and children (no men over the age of 12), (831) 728-5649, www.pvshelter.org/get-help 115 Brennan St, Watsonville **Pajaro Rescue Mission** Homeless Shelter and Services for Men 111 Railroad Ave. Watsonville, (831) 724-9576 **Grace Harbor Women's Shelter**, (831) 761-3191, 55 Brennan St. Watsonville, Arrive at 5:30pm for check-in (first come, first serve), Enter via The Rustic Table restaurant and ask about shelter

RESOURCES

Watsonville Public Library 275 Main St Suite 100, Monday-Thursday 10am-8pm, Friday 10am-6pm **Families in Transition** (assistance for families with children and youth ages 18-24), (831) 728-9791, 406 Main St #326 Watsonville, Lettunich Building **Freedom Public Library** 2021 Freedom Blvd, Tuesday-Friday 10am-6pm, Saturday 12-4pm **SCC Veterans Office** Services for Veterans & Families 842 Front St., (831) 454-7276 **Watsonville Senior Center** 114 E 5th St, M-F 9am-1pm, (831) 768-3279 **CAB/Community Action Board** employment & reentry services, community engagement & leadership activities, housing evictions, immigration support, rental assistance, day workers assistancet, 406 Main St. #221 (2nd floor), Watsonville (831) 763-2147 **Catholic Charities** 656 Main St. Watsonville, (831) 722-2675 **La Manzana Community Resources** Public benefits enrollment assistance, free counseling, food distribution, & free summer lunches to low-income youth, 521 Main Street Suite Y, Watsonville, 9am-12pm, 1pm-4:30pm M-F, (831) 724-2997 **SC Veterinary Street Outreach** (check facebook page) scanimalshelter.org/healthy-pets-for-all **Santa Cruz SPCA** Pet surrender line, (831) 465-5000 **Bikes For All** Free bikes for those in need, Bikes4All.lman@gmail.com **Miracle Messages** Helping people experiencing homelessness reconnect with loved ones (and vice versa), and form new friendships, 1-800-MISS-YOU, miraclemessages.org **Arukah Project** Caseworkers for survivors of human trafficking, www.arukahproject.org/survivor-aftercare, info@arukahproject.org **Wings Free Birth** Certificates 2nd Fri every month 1-2:30pm, 275 Main St (Watsonville Public Library) **Project SCOUT** Free tax assistance & help with CalFresh applications to qualifying individuals, <https://seniorscouncil.org/project-scout/> **Senior Companion Program** Connects seniors with other seniors for visits, (831) 688-0400 ext.112, programassistant@seniorscouncil.org **Watsonville Career Center** No-cost career services, Mon-Fri 8am- 5pm, 500 Westridge Drive, (831) 763-8933 **Watsonville Youth Center** No-cost career services, Mon-Fri 9am-

6pm, 229 Green Valley Rd, Freedom (831) 466-5672

DOMESTIC VIOLENCE

Monarch Services 24hr. Domestic Violence & Rape Hotline 888-900-4232 **Walnut Ave Family & Women's Center** Domestic violence support for families & people of all genders, 303 Walnut Ave, Santa Cruz, (831) 426-3062, 24hr hotline (866) 269-2559

LEGAL

Tenant Sanctuary Info/counseling about tenant rights, 703 Pacific Ave: Mon 2-6pm, Tues 2:30-5:30pm, Wed 2-6pm 1740 17th Ave (Live Oak Community Resource Center): Mondays, 9:30am- 1:30pm (831) 200-0740, info@tenantsanctuary.org **Tenants Together** Tenants Rights Line (888) 495-8020 **Main Jail** (831) 454-7800 **Public Defender** (831) 429-1311 (831) 466-6078 **Court Date Textline** (831) 208-5170 (text case number) **California Rural Legal Assistance** (831) 724-2253 **Senior Legal Services** (831) 426-8824 **Community Bridges Eviction Defense Collaborative** helpline to legal services: (831) 288-2148 **Watsonville Law Center** Legal support, accepting new requests Tu & W 9am-12pm & 1:30-4pm, 315 Main St. #207, (831) 722-2845 **Turning Point** Accommodations, services, and resources for people on probation or pretrial, services require referral, 116 E. San Luis St, Salinas, (831) 422-9171

STUDENT RESOURCES

Cabrillo Students momenden@cabrillo.edu **UCSC Students** (831) 459-4446, deanofstudents@ucsc.edu, crisis line (831) 459-2628 **UCSC The Cove** (above OPERS East Field next to Cowell's Provost's House) Harm reduction, recovery meetings & peer-to-peer support, M-F 10am-5pm, jbru@ucsc.edu **UCSC CARE** Domestic violence, sexual harassment, etc. support, (831) 502-2273, care@ucsc.edu **Campus Mobile Crisis** Team Non-police mental health crisis support, M & Tu 2pm-12am & W-Su 12pm-12am, (831) 502-9988 **Cabrillo Veterans Information Center** 831-479-6110, vetcenter@cabrillo.edu

MEALS/FOOD

Second Harvest Hotline to free food locations, (831) 662-0991, 800 Ohlone Pkwy, Watsonville , 7:30am-4:30pm M-F **Pajaro Valley Loaves and Fish**, 150 2nd St Watsonville , Lunch 12pm-1pm, Pantry 9-11:30am, 1-3 pm M-F, info@pvloavesandfishes.org, (831) 722-4144, www.pvloavesandfishes.org **Meals on Wheels** Meal delivery for older adults (60+),

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(831) 464-3180 ext. 100, communitybridges.org/mealsonwheels

Community Connection Food pantry and sometimes pet food, M-Th 9am-3pm, 10 Carr St, Watsonville

Salvation Army 214 Union St, Watsonville, Hot meal 5-5:30 PM every day, Food pantry 10am-1pm T/TH, (831) 724-3922

Teen Kitchen Project Meal delivery for persons with serious illness. Call for eligibility 316-4540 ext. 1, teenkitchenproject.org

Watsonville Senior Center 114 E. Fifth Street, Watsonville, Lunch for older adults (60+) weekdays 11am-1pm, 831-724-2024

Twin Lakes Church Drive-through food pantry, Wed 4-5:15pm (can get in line as early as 3:30), 2701 Cabrillo College Dr, Aptos

SHOWERS/RESTROOMS & PORTABLE TOILETS

Manresa State beach 150 Lilly Way, Watsonville, 205 Manresa Uplands Rd, Watsonville

Pinto Lake City Park (restroom only) 451 Green Valley Rd, Watsonville

Watsonville City Plaza 358 Main St, Watsonville, Restrooms on the Union St side of the Plaza across the street from Cabrillo College

Shower the People at Resurrection Church 7600 Soquel Dr, Aptos Tues 3-5:15pm & Sat 11:30am-1:30pm

Westview Presbyterian Church Showers, 118 1st St, Mondays 12-3pm

MEDICAL

Salud Para La Gente, 204 East Beach Street Watsonville, Appointments: (831) 728-0222, M-F, wellness and counseling, Women's Health & Pregnancy Care, Vision Care, Optical Department, Dental Care, Family Health Care

Clínica del Valle del Pájaro 45 Nielson Street, Watsonville, M-F

Salud at 65 Nielson, 65 Nielson St., Ste. 10, Watsonville, Women's Health & Pregnancy Care Mon-Fri 8:30am-5:30pm

Salud at 64 Aspen Way Watsonville Pediatric Medical Care Mon-Fri 8:30am-5:30pm

Salud at Valle Verde Pediatric dental & medical care & pediatric counseling, 252 Green Valley Rd, Freedom, M-F 8:30am-5:30pm, (831) 728-0222

Salud at 208 Green Valley 208 Green Valley Rd. Freedom, Mon-Fri 8:15 am-5:15 pm

Watsonville Health Center Primary Care, NARCAN 1430 Freedom Blvd, Ste. D, M-Th 7:30am-6:30pm, F 7:30am-5pm (831) 763-8400

Watsonville Community Hospital, Emergency room, primary care, NARCAN 75 Nielson St, Open 24 hrs (831) 724-4741

Planned Parenthood 398 S Green Valley Rd M-F 8am-8pm (831) 724-7525

HIV/HCV testing Wednesdays 1:30pm-3:30pm at 1430 Freedom Blvd., Ste. B

Community Bridges vaccine helpline (831) 219-8607

Homeless Persons Health Project 1430 Freedom Blvd. Ste. A Watsonville, (831) 454-2080

Watsonville Health Clinic 1430 Freedom Blvd. Suite, A. Watsonville, (831) 763-8400

Dientes Community Dental Clinic 1430 Freedom Blvd, Suite C. Watsonville, (831) 621-2560

Mobile Wellness Clinic 100 Salinas Rd, Pajaro (Our Lady of the Assumption Church), Thursdays 9am-3pm (closed 12-1pm)

Rides to Medi-Cal appts (831) 430-5577

COVID vaccine appts (831) 422-4255

Communicable Disease Unit / County Public Health HSACD@santacruzcounty.us

Doctors on Duty 6800 Soquel Dr, Aptos: M 8am-4pm, Tu 8am-3pm, W-F 8am-4pm, (831) 662-3611

Medical Clinic MAT, behavioral health, Hep C & HIV testing/treatment Westview Presbyterian Church, 118 1st St, Mondays 12:30-3:30pm

RC Doula Network Birth and postpartum support, Medi-Cal accepted, Doulanetwork@rcfam.org (831) 288-3105

MENTAL HEALTH & SUBSTANCE USE

Shine a Light Therapy & counseling, Medi-Cal or sliding scale, 255 East Lake Ave, (831) 996-1222, www.shinealight.info

Harm Reduction Coalition (831) 769-4700 text or call anytime

Encompass MAT Free, outpatient low-barrier treatment of substance use disorders, same-day services available, M-F 9am-5pm, intake line: (831) 226-3728, option 2, 585 Auto Center Dr

Suicide Prevention Talkline 1-877-ONE-LIFE, 1-877-663-5433 Crisis Textline 741-741

LGBTQ+ Youth Crisis Line (866) 488-7386, or text "start" to 678-678

NAMI (831) 427-8020/(831) 205-7074 (español)

Mobile Emergency Response Team 800-952-2335 8am-5pm

Santa Cruz County Syringe Exchange Mondays 3:30pm-4:30pm, Tuesdays 10:30am-11:30am, Wednesdays 1:30pm-3:30pm, and Fridays 9am-11am 1430 Freedom Blvd, Ste. B, Mobile Exchange, Thurs. 9-11 am levy entrance at River Park, (831) 454-2437

Freedom Women's Center Faith-based discipleship/recovery program for women with life-controlling problems, (831) 724-2898, 109 Green Valley Rd, Freedom

Pajaro Men's Center Faith-based discipleship/recovery program for men with life-controlling problems, (831) 722-2074

ACCESS Team & Mobile Crisis Response Assessments and referrals to mental health services, (831) 454-4710/ 1-800-952-2335, Available 24/7

ACCESS Walk-In Clinic Crisis resources and mental health referrals, Mon-Fri, 8am-4pm, 1430 Freedom Blvd. Suite F, Watsonville, (800) 952-2335

Never Use Alone Overdose prevention lifeline for people using drugs alone, (800) 484-3731

Crisis Stabilization Program (CSP) Walk-in assessments, inpatient and outpatient services, 2250 Soquel Ave. Suite 150, Santa Cruz (831) 600-2800

Mobile Emergency Response Team for Youth Non-police crisis support for people 21 years & younger, M-F 8am-5pm, (800) 952-2335

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